



# WORLD POWERLIFTING GAMES 2024

## October 19-20, 2024

Event Host: Mountain Island Fitness, Charlotte, NC, USA

### Event Agenda / Schedule (Military Time)

#### Day & Date

#### Friday 18 October

Topic	Times	Event Agenda	Start
Early Weigh-In	09:00 – 12:00	<b>Day #1 Weigh-In: Saturday Competitors only</b>	09:00
	and 16:00-18:00	<b>All Female</b> Divisions & Weight Classes 44 kg thru 110.1+ kg and <b>All Males</b> in Divisions & Weight Classes 52 kg - 90 kg	16:00
		<b>All Female</b> Divisions & Weight Classes 44 kg – 110.1+ kg and <b>All Male</b> Divisions & Weight Classes 52 kg - 90 kg	
		<b>Saturday 19 October</b>	
Weigh-In/Sat. & Sun.	06:45-08:00	<b>Day #1 &amp; #2 Weigh-In (by request) – Sat Lifters</b>	06:45
<i>All Competitors</i>	06:45-08:00	<b>Day #1 &amp; #2 Weigh-In (by request) – Sun Lifters</b>	06:45
Day #2 Weigh-In	10:30-12:00 & 15:30-17:00	<b>Only Day #2 Weigh-In</b>	10:00 & 15:30
Rules Meeting/Sat Comp Only	08:00-08:20	<b>Mandatory Rules Meeting</b>	08:00
Day #1 Competition Begins	09:00	<b>Competition Begins for the Following Athletes:</b> All Female Divisions & Weight Classes 44 kg – 110.1+ kg and All Male Divisions for Weight Classes 52 kg – 90 kg	09:00
Award Ceremony	17:00 (Approx.)	<b>Saturday Award Ceremony</b>	17:00
		<b>Sunday 20 October</b>	
Late Weigh-In	06:45 – 08:00	<b>Day #2 Weigh-In: Sunday Competitors only</b>	06:45
		All Male Divisions for Weight Classes 100kg – 140.1+kg	
Rules Meeting	08:00-08:20	<b>Mandatory Rules Meeting</b>	08:00
Day #2 Competition Begins	09:00	<b>Competition Begins for the Following Athletes:</b> All Male Divisions for Weight Classes 100kg – 140.1+kg	09:00
Award Ceremony	16:00 (Approx.)	<b>Sunday Award Ceremony</b>	16:00
Note of Interest		In order to expedite the flow of the competition and minimize delays between attempts and flights the use of 2 or 3 platforms simultaneously may be necessary to, 1) maximize performance potential and 2) keep everyone engaged in the action.	
Hall of Fame Induction Ceremony Sat. Oct. 19th	Time TBD	<b>The new Inductees to the Hall of Fame Class of 2024 will be introduced on Sat. October 19<sup>th</sup> during day #1 of the competition.</b>	Time TBD